

INTERVIEW CONNECTIONS, DPT, CWCE

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Education

Slippery Rock University: Doctor of Physical Therapy, 1999-2002, 3.76 GPA

University of Toledo: Bachelor of Science in Exercise Science, 1995-1999, 3.73 GPA Magna Cum Laude

Professional Experience

Interview Connections, Cleveland, Ohio (2002-present)

- The majority of my 5 years professional experience is in private practice outpatient orthopedic, sports medicine, and assistive living settings.
 - Patient populations include: pediatrics/adolescents, geriatrics, neurological, worker's compensation, chronic pain, oncology, vestibular, and post surgical patients.
 - Treatment focus utilized extensive manual therapy training using a step-by-step analysis to isolate the mechanical problem.
 - Completed 4 out of 5 coursework for credentialing in Neurodynamics from the Neuro Orthopedic Institute
 - Completed 2 out of 4 coursework for the credentialing exam in the McKenzie Method "Mechanical Diagnosis and Treatment of the Spine"
 - On the job training in The Mulligan Concept
 - Market and educate area physicians about manual and physical therapy, using PowerPoint, Internet, Trade Shows, and printed marketing material to build ABC Physical Therapy referral and customer base.
 - Manage physical therapy assistants and aides
- **Credentialed in Work Capacity Evaluations/ Functional Capacity Evaluations (FCE) in The Matheson Method**
 - The purpose of these evaluations is to determine baseline status of an injured worker in order to design appropriate treatment, return to work status, or alternative employment, giving a clear and concise picture of the client to expedite case closure. My FCE's have been instrumental in returning clients back to appropriate jobs when vocational rehab had placed these patients in inappropriate job training.
 - Marketing strategies include: Managed Care Organizations, Attorneys representing injured workers, Kaiser Permanente Occupational Department, COSE's Occupational Department, and local physicians.
 - **Annual Workman's Compensation University (2003-2006)**
 - Represented ABC Physical Therapy as an exhibitor marketing Functional Capacity Evaluations and Work Conditioning to local businesses risk management departments, physicians, and Nurse Case Managers
- Expertise with the injured golfer from the "Back to Golf" program.
 - Affiliations include Northern Ohio Golf Association and Northern Ohio Professional Golfer's Association.
 - Featured in Golf Monday Section in the Plain Dealer 09/29/2003
 - **Annual North Coast Golf Show(2004-2007)**
 - Trade Show showcasing ABC Physical Therapy's Golf Phyx golf instruction/golf rehabilitation program
 - **ABC Physical Therapy Golf Clinics (2003, 2004)**
 - Instructed area golfers on proper body mechanics in the golf swing at local golf courses and country clubs

- **Credentialed Clinical Instructor**
 - Supervised various students including both Physical Therapy and Physical Therapy Assistant Students.
 - Shadowed by local high school and college students who may potentially enter the profession.
 - Several of these students expressed that they decided to begin study for physical therapy based on their shadowing experience.
- **Modalities and Equipment**
 - Traditional Physical Therapy equipment: ultrasound, electrical stimulation, traction, and iontophoresis.
 - Manual therapy machines such as The REPEX by McKenzie Institute, and Active Therapeutic Machine 2.
 - Frenzel Goggles for diagnosis in vestibular rehabilitation.

Interview Connections, Toledo, Ohio (07/2003-01/2007)

- PRN staff physical therapist evaluating and treating geriatric long term care and post-operative patients in skilled nursing and assistive living facilities in Lakewood and Ashland, Ohio

Interview Connections, North Olmsted, Ohio 2003-2005

- Worked Monday mornings extensively with golfers with various disabilities including golf instruction with local Professional Golf Association Professionals
- This program was designed to allow golfers with various needs to return safely to golf
- Funded by grants from the United States Golf Association and other fundraising efforts
- **The Physically Challenged Golf Benefit “Get Back to Golf, Get Back to Life.”** (10/11/2003, 07/24/2004)
 - Organized a benefit scramble including fundraising efforts, prizes, and catering to raise money for the Northern Ohio Golf Association Golfer’s with Disabilities Golf Program

Presentations

Instructional Golf Clinic for the Physically Challenged (06/2006) Co-instructor

- Educated Physical and Occupational Therapists on the biomechanics of golf swing and using golf as a tool for rehabilitation
- Instructed patients and Physical Therapists proper adaptation of the golf swing

2003 Spine Clinics: Co-Instructor

- Accredited by Commission for Case Manager Certification
 - 04/08/2003 – special guest instructor Roy Matheson.
- Courses designed to educate Nurse Case Manager at local Managed Care Organizations about effective treatment in low back pain and use of the FCE as a case resolution tool

Ergonomics Training (06/2003) Co-Instructor

- Instruction to local Nurse Case Managers about proper ergonomics in the office

Prior Research

Criado S.L., Hoke L.A., and Hunter-Glaser M.L. The Effects of Therapeutic Exercise on Perceived Fatigue in Patients with Multiple Sclerosis

- Research Award July 2002 from Slippery Rock University Graduate School of Physical Therapy
- Platform Presentation at June 2002 Annual Conference & Exposition of The American Physical Therapy Association in Cincinnati, Ohio
- Platform Presentation at December 2001 Slippery Rock University Graduate School of Physical Therapy Annual Research Conference
- Written and received Grant from Slippery Rock University to fund this study

Professional Development

American Physical Therapy Association March on Washington to Repeal Physical Therapy Cap 10/19/2005

- Met with aides of Congressman Dennis Kucinich, Senator Michael DeWine, and Senator George Voinovich to gain support on repealing the Cap on Physical Therapy

Licenses and Certifications

Licensed Physical Therapist for the State of Ohio (2002-present)

American Heart Association CPR Certification 2006

Professional Associations

American Physical Therapy Association – student member (1999-2002)

Pennsylvania Physical Therapy Association – student member (1999-2002)

- Slippery Rock DPT class 2002 Student Liaison

Continuing Education

Credentialed Clinical Instructor – April 2007

Certified Work Capacity Evaluator - July 2006

2007	Part B: CERVICAL SPINE, The McKenzie Method of Mechanical Diagnosis and Therapy (04/07) Clinical Applications Lower: Lower Limb and Lumbar Spine (10/07) Vestibular Conference - Vestibular Update 2007: Vestibular Assessment with Clinical Applications (10/07)
2006	Explain Pain (07/06)
2005	Part A: LUMBAR SPINE, The McKenzie Method of Mechanical Diagnosis and Therapy (01/05) Mobilization of the Nervous System (04/05) The Sensitive Nervous System (07/05) Flex Band Certification (07/05) 2005 Private Practice Section Annual Conference (10/05)
2004	Fundamentals & Advanced Kinesio Taping (11/04)
2003	The Functional Capacity Evaluation Certification Program (02/03) Back to Golf – Basic Course (02/03) Ergonomics Applied- Ohio Division of Safety & Hygiene Training Center (03/03) Basic Concepts, Evaluation and Treatment of the Hip, Leg, Knee, and Ankle (Cyriax Approach) (03/03) Instructional Golf Clinic for the Physically Challenged (08/03) Integrating the Mulligan Concept and the Functional Approach to Enhance Golf Performance (09/03) Back To Golf – Advanced Course (10/03)
2002	Workability Injury Assessment (11/02)